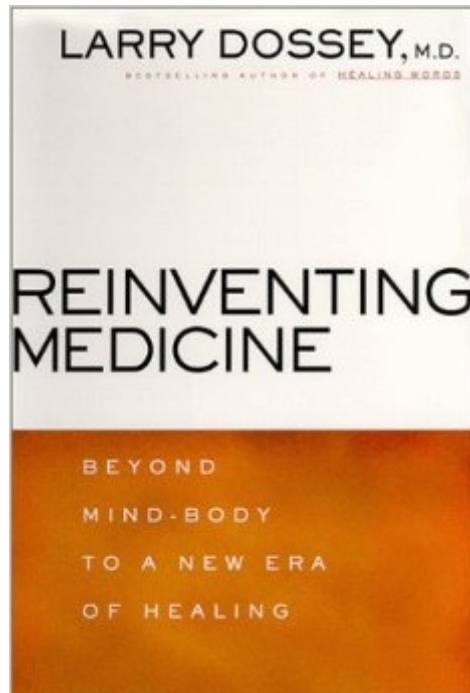


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# Reinventing Medicine: Beyond Mind-Body To A New Era Of Healing



## Synopsis

In 1993, revered and respected physician Larry Dossey forever changed our understanding of the healing process with his phenomenal New York Times bestseller, *Healing Words*. Now the man considered one of the pioneers of mind/body medicine once more explodes the boundaries of healing with his most powerful book yet. *Reinventing Medicine* is nothing less than a vision of the future of the practice of medicine. In his book, Dr. Dossey provides the scientific and medical proof that the spiritual dimension works in healing. Citing the work of scientists at such well-known institutions as Princeton, Harvard, and Stanford, he conclusively demonstrates that spiritual tools such as intercessory prayer, dreams, coincidence, and intuition have measurable, powerful, and profound effects on how we heal. His argument forces us to go beyond the practices of conventional medicine, which he calls Era I, and mind/body medicine, which he calls Era II, leading us to a new dimension, the spiritual, "nonlocal" dimension of Era III. What was viewed in the past as random or episodic events in healing are shown, through scientific evidence, to be related and connected to a higher force at work--Dossey calls this force the non-local mind. Through our understanding and recognition of the nonlocal mind, Dossey suggests ways in which it can be used for diagnosis and treatment, speeding the healing process, and giving clues for gaining information related to illness and pain. This vision of the coming era in medicine is one of promise and spiritual fulfillment that will surely change the face of medicine forever.

## Book Information

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## Customer Reviews

Have you ever suspected that healing requires something more than either an entirely body-based approach... or even a mind-body approach? Would you like to better understand how powerful prayer really is for healing? If so, you'll love Larry Dossey's book, "Reinventing Medicine", in which he describes this new era of non-local medicine. Dossey cites very convincing scientific studies that indicate healing can be achieved at a distance by directing loving thoughts, intentions and prayers to others -- even if they are not aware that these loving thoughts are being extended to them. Dossey's revolutionary book inspires us to consider the healing power of what he calls Eternity Medicine in our everyday lives right now. I get goose-bumps of excitement and joy each time I read this book, and give it my highest recommendation.

Larry Dossey has a target tattooed on his chest - he has made himself vulnerable to a great deal of criticism by clearly stating that the human mind - consciousness - is a nonlocal phenomenon. By this he means that the brain is not the mind or consciousness. Consciousness - our capacity to think, reflect, perceive - is connected with other minds, even the mind of God as we understand God. We can and do move beyond our bodies to touch and be touched by others. Our consciousness continues after the death of the body. If this is true, and I believe, as Dossey does, it is, then we have the capacity to experience and connect with immense resources. In fact, Dossey emphasizes that this is already happening and has always been happening. The key is to accept this and move with it, to discipline ourselves and to seek the support and guidance of those who are already working effectively with consciousness. Although this is not new, it is, nevertheless, very threatening to many, particularly medical and religious professionals who are not prepared to accept this reality. Some go so far as to say that if it were proven true beyond all doubt they would STILL not accept it! Dossey has made himself a target for those who will not accept the truths about which he writes. He furthermore makes himself vulnerable to criticism by taking seriously those who have been castigated in the past, such as Mesmer (hypnotism) and faith healers. He distinguishes between outright con artists and those who have true gifts, but who use language which is not respectable among some scientist. This is an exciting book which calls every being to mutual respect and watchful acceptance of the gifts of healing and support which surround us all the time. Charles V. Day, Board Certified Chaplain

Larry Dossey has once again taken our understanding of the potential of a medicine of mind, body, spirit, and imagination to new levels. He's charted a course for medicine that honors intuition and human capabilities that transcend the old boundaries of biology, mind, and selfhood. He also honors

quantitative scientific method as one way to glimpse the possibilities of a transpersonal medicine--what he calls Era III, helping us to recognize that there are rational ways to conceptualize that which seems to transcend the rational, ways to measure the affect of spirit on the body and on other sentient (and even non-sentient) beings, as well, through nonlocal consciousness. A penetrating, humanistic, transpersonal vision for a medicine we can only hope will fully come to pass.

Larry Dossey's new book is a splendid, generous and inspiring appeal to revive the ancient arts of dream healing. He focusses attention on open secrets that I believe will be central to our medicine - and our way of being in the world - in the twenty-first century: that mind is nonlocal, so we can be anywhere (quite literally) that we can picture; and that the body does not distinguish mental or emotional events (if deeply believed) from physical events, so we can heal ourselves - and others - through imagery. Best of all, he is fully alive to the ways in which dreams teach us what our bodies need to stay well, often us showing us possible problems long before physical symptoms manifest, and how our spontaneous dream imagery offer fresh and vital keys to self-healing and recovery. Larry Dossey is an exemplar of what the best doctors of the coming century will be - healers and teachers who operate with mind, body and spirit. He has given me inspiration on my own path of teaching and practicing dream healing, as reflected in my books CONSCIOUS DREAMING and DREAMGATES (and the forthcoming DREAMING TRUE). He gives all of us courage for the journey on the path of heart and soul. I hope he will find many readers in our medical community, because we urgently need this antidote to approaches that reduce the patient to a collection of body parts to be mended or sustained by pharmaceuticals and invasive surgery. We need to marry the best of our medical science to a way that honors the individual as a whole person and encourages her to ask for help from a deeper Source and bring all her spiritual resources into play. Larry Dossey shows us how.

This thoughtful, well-researched and well-written book focuses on two major ideas. The first is the theory that there is a universal consciousness, infinite in space and time, which the author calls "nonlocal mind." He reviews a wide range of past and current thought on this topic, as well as research studies that appear to illustrate various effects of nonlocal mind, such as action-at-a-distance, mind-to-mind communication, etc. He points out that, while no one knows how nonlocal mind works, the same is true of gravity. (Still, unlike gravity, there are as yet no quantitative "laws" describing the actions of nonlocal mind.) The second major idea is that healing and destruction of

harmful cells may be achieved through prayer or healing intent, by oneself or by others. The author describes a number of clinical trials of intercessory prayer/healing intent (i.e. by others), either completed or in progress. However, the reviewer believes that a more systematic examination of such studies is needed, such as a meta-analysis, to avoid unconscious bias in selection of studies as well as the effects of "publication bias." In conclusion, the author offers a benign vision of the future of medicine in which nonlocal methods (psychic perception of symptoms, healing intent) are seamlessly blended with more traditional approaches. While the possible abuses of these ideas are only minimally addressed, this is an impressive achievement and a useful overview of an increasingly important development in medical practice.

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